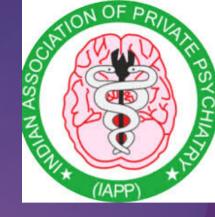


BPS &
IAPP Women's
Mental Health
Commitee present



## Woman in the City

Sunday 8th March 2020 9:30 am to 1:30 pm Venue: Crystal Hall, Hotel Parle International, Vile Parle(E) For Registration: bpssecretary2013@gmail.com

MMC Credits Applied for

## 9:30 am Breakfast & Registration

10:00am -10: 15 am Welcome Address-Dr Saranya Devanathan (Chair -Women's Mental Health Commitee, IAPP)

## **Session 1**

10: 15 am-11.15 am

Chairpersons: Mrs Urmila Sawant, Dr Jay Shastri

**1.**Aspiration: From Menarche to Menopause

Speaker: Dr Vanita Raut, Consultant Gynaecologist,

2. Desperation: Coping with City Life

Speaker : Dr Syeda Ruksheda, Consultant Psychiatrist

Tea Break 11:15-11:30 am

## Session 2

11:30 am to 12:45 pm

Chairpersons: Dr V P Kale, Mrs Pratima Havaldar

1. Inspiration: Being a Survivor

Speakers: Sneha Jawale- Domestic Violence Survivor

&

Pragati Dhamankar- Cancer and mental illness survivor

2. Enjoy Life

Speaker: Dr. Mansi Somaiya, Asst Professor Psychiatry

12:45pm - Vote of Thanks -Dr Shilpa Adarkar (President, BPS)
1:00 pm Lunch