## **BPS EXPRESS**

Dear Members,

Hope You all had wonderful NAVRATRI celebrations.

Wishing you all a very HAPPY AND PROSPEROUS DIWALI and NEW YEAR ,IN ADVANCE

10<sup>th</sup> October we all will be celebrating World Mental Health Day, any activities you all do, please inform us so we can circulate to our members. This year's theme is Mental Health at Work Place.

Bollywood seems to be twinning this Deepavali month- JUDWAA 2, AKSAR 2, JULIE 2 and GOLMAAL AGAIN!!! The the occasion of Karva chauth too falls in this month, fasting made glamorous by Dilwale Dulhania Le Jayenge. Wishing all husbands and their wives a happy, long life.....singles ....all the best to mingle.

Till next time goodbye... May you be in best of health and so too your Credit / Debit cards.

Hon. President Hon. Secretary

Dr. Niti Sapru Dr. Sagar Karia