



**Bombay Psychiatric Society invites you for C.M.E. on
"Complementary and Alternative Medicine and Mental Health"**

Date: 19th November 2017

**Venue: Physiology Lecture Hall, 3rd Floor, College Building,
L.T.M.M.C. & G.H., Sion, Mumbai-400022.**

| Time | Topic | Speaker | Chairperson |
|----------------------|--------------------------------|--------------------------|-----------------------|
| 9.00 am to 10.00 am | Registration & Breakfast | | |
| 10.00 am to 11.00 am | Ayurveda and Mental Health | Dr. Kishore Ramkrishna | Dr. Nilima Kshirsagar |
| 11.00 am to 12 noon | Yoga and Mental Health | Dr. Shivarama Varambally | Dr. Ajit Dandekar |
| 12 noon to 1.00 pm | Spirituality and Mental Health | Mr. Puneet Garg | Dr. R.M. Chokhani |
| 1.00 pm to 2.00 pm | Lunch | | |

MMC has granted 1 CREDIT HOUR for this CME